

# The Filtered Lounge by SL Aesthetics

## Botox Aftercare Advice

Thank you for visiting The Filtered Lounge by SL Aesthetics for your Botox treatment. To achieve the best results and ensure your safety, please follow the aftercare advice below.

### Immediate Aftercare

- Avoid touching, rubbing, or applying pressure to the treated areas for at least 4 hours.
- Remain upright for 4 hours after treatment.
- Avoid strenuous exercise, saunas, steam rooms, and hot baths for 24 hours.
- Do not apply makeup for at least 12 hours.

### What to Expect

- You may experience some mild redness, swelling, or bruising at the injection sites. This is normal and should subside within a few days.
- Results can take up to 14 days to fully develop.
- If you experience any unusual side effects such as excessive swelling, difficulty breathing, or severe pain, contact us immediately.

### Additional Advice

- Avoid alcohol for at least 24 hours after treatment.
- Avoid facial massages, facials, or other aesthetic treatments on the treated area for at least 2 weeks.
- Attend any recommended follow-up appointments to review your results and address any concerns.

### Results & Longevity

- Botox results typically last between 3 to 4 months.
- Regular treatments may help prolong the effects over time.
- If you have any questions or concerns, please contact The Filtered Lounge by SL Aesthetics.

We are committed to ensuring you achieve the best possible results. If you have any questions, please do not hesitate to contact us.

Thank you for choosing The Filtered Lounge by SL Aesthetics.